

RISE & Shine Fest

A festival for emotional wellbeing
for children and young people across
Coventry and Warwickshire

- ☀️ Animal fun with the Horse and People Project
- ☀️ Mindfulness work-outs
- ☀️ Twitter take-overs
- ☀️ Library Events
- ☀️ Help and advice for young people
- ☀️ Support for parents and carers



☀️ Click on the link [here](https://www.cwrise.com/rise-shine-fest) to see the full Festival Programme on [cwrise.com/rise-shine-fest](https://www.cwrise.com/rise-shine-fest)

October Half-Term
25th - 30th October 2021

