

Baby Massage

Join one of our free and friendly groups

The groups are for

All Coventry parents and carers with a baby aged from 6 weeks to 6 months (pre-crawlers)



What we do

- help to ease your baby's colic pain
- help your baby to relax and sleep well
- help you to form a strong bond of love and attachment
- stimulate positive brain development

'It was lovely, relaxed and a little magical! I felt chilled myself when it had finished'

Where it is

Park Edge Family Hub, Roseberry Ave, Coventry CV2 1NE

When it is

There are 4 different groups, please enrol on one only –

10am - 12 noon every Tuesday - 5 weeks from **Tues 6th May** (the course code is FL24584)

12.45 - 2.45pm every Tuesday - 5 weeks from **Tues 6th May** (the course code is FL24586)

10am - 12 noon every Tuesday - 4 weeks from **Tues 17th June** (the course code is FL24585)

12.45 - 2.45pm every Tuesday – 4 weeks from **Tues 17th June** (the course code is FL24587)

How to join

Enrol online before the course starts (limited places available)

'Search for Courses' then 'Family Learning' at <https://www.coventry.gov.uk/adulted>

For more information email aeslifeskills@coventry.gov.uk